



Newsbrief march 2017

Hello Everyone

this is a somewhat late news letter as it was meant to be around the new year-The water is lapping over my feet!!

Hope you all had a good summer break and enjoyed all the wonderful weather we had up here in Northland the rest of the country wasnt so fortunate!

We have had some really good results from our throwers jumpers and runners over the season which is really nice to see-Thanks must go to our coaches Robyn Ball,Gideon Hankeom ,Chris Portch and Ian Babe and all the others who give advice on a regular basis.Please forgive me if I have missed anyone.

To Our club members who officiate regularly at club nights – without you things do not happen. Thanks to Jenny Ferris who has organised officials courses which was really well attended. Yes it was a tough day in Feb when it was soo hot but we survived

We may not all be certified coaches but lots of us have basic knowledge through experience and this is what is often of the most value.It is the work of the team - that is everyone of you that keeps the Club going so well.

Oliver Tattersfield and his combined team have been doing an excellent job at junior Track and Field-Not an easy task – with some of the juniors getting excellent results.What is so important is that everyone enjoys what they are doing.

Senior Athletics is going really well under the guidance of Murray Ruffell and Dennis Landford the fun night before Christmas was hilarious -now if you missed it we had a race where you had to run with a partner carrying a pole vault pole between you – the draw was random and Oscar Ruffell and I were drawn together Oscar took all this in his stride pushing me along – so thanks Oscar!

Laughter is a great medicine

The fun element is so important after all we do have to have a break from the serious stuff at times. The Harrier Programme will start on Easter Saturday - The weeks early in April are taken up with outside events.

I have taken on board what people have wanted as much as I can – To those who answered the questionnaire thank you so much.

We will be having the 3 Pigs again this year particularly as we have had a lot of outsiders requesting this go ahead again.

Some of our Athletes are heading to the World Masters Games in Auckland in April there are so many options of sports something for everyone.I will write further on this when I have some more info

After a lot of deliberation I will be doing some of the events with the aim of having fun and meeting some interesting people and praying the water will not be too rough!!

Jenny Ferris will be doing her next stage of Officials for Track and Field at these Games.

Thank you so much to Annie Rules who organised the marshals for the beach to Basin – and to those of you who were out marshalling on the day getting wet - well at least it was warm!!

This is a major fundraiser for our club as is the marshalling for the Half marathon.

Congratulations to our club member Chris Mills who was third Overall and to everyone who participated on the day hope you enjoyed the event.

We need to look forward to the future of Harriers so if you have any ideas please see me or one of the committee-

Look forward to seeing you all for the Harrier Season – all ages 7-100 -just remember that we cater for everyone no matter how fast or slow -
It really saddens me when people cant accept the reality of so called “coming last” after all someone has to even in the olympics – be there, be brave and accept your position with pride whatever it may be -after all you are out there doing it.
You have prepared for the event and you have planned and followed your race plan so think how well you have performed NOT that you came last!!

See you all on Easter Saturday for the Easter opening day run.

Oringa
Harrier Chairperson