

Walk  
or  
Run.....



Spot prizes

# 3 PIGs

10<sup>th</sup> Anniversary



## July 27<sup>th</sup> / 28<sup>th</sup> 2019

Glenbervie Forest Maruatua Road Whangarei New Zealand

Baby Pig 5.1. Teenage Pig 16 (or 10K), Senior pig 21.1

OR all 3 as....

Beastly Pig=2 Day Marathon(42.2k)

Piglet 2 k event for kids under 13 years

Sat: July 27th Forest HQ Maruatua Road Left at Glenbervie Orchard	16 K Run/Walk 10 K Option	Forestry roads	Walkers and slower runners (+8.5 minute K pace) 0930 runners 10.15 Please be fair here !!
Sat July 27th	5.1K Run/walk	Forest Trails/tracks	Reg 1300 start 1330
Sun July 28th Maruatua Road Glenbervie	21.1 K Run/Wak	Tracks ,trails,4 wheel drive tracks could be anything!!	Walkers and slow runners (+8.5mk pace) 0830\Runners 0930
Sun July 28th	Piglet 2 k event kids under 13	Run/walk <i>separate entry form and flyer</i>	Start 1000

The aim of this event is to come along, appreciate the outdoors, in a traffic free environment and to have fun and challenge yourself....

and mull around the trough afterwards with other like minded Pigs  
(pigs never deviate from the truth with their running/walking stories!!)

**safety is YOUR responsibility -Take care please**

Results will be on Athletics Whangarei Website as soon as possible after the event

Enquiries to:

Barach's: 09 4352614 02102796487 Brian e mail oringabrian72@gmail.com

website: [athleticswhangarei.co.nz](http://athleticswhangarei.co.nz) for event details and entry form

**ABSOLUTLY Essential: please read race information**

**Take 2 !! - read the race information -Please..... Have you??**

### Event information:2019

All events are suitable for both walkers and runners and will be well marked  
this is an OFF ROAD event so it could be muddy,wet,slippery and uneven underfoot.

It is winter in northland so could be wet,cold ,hot or windy!!

ALL events will be held at the Glenbervie Forest HQ Maruatua Road Glenbervie Whangarei.

Turn left at Huanui Orchard and keep going about 3 ks down the road.

5.1K suitable for families- (NOT buggies) 16 K and 10 K suitable for buggies(didnt say easy)

Ist time time this year-2 K piglet event for kids under 13- separate entry form

This is a club event and you are responsible for your own safety -please take care -

You will be required to sign a waiver prior to your event

We do not have marshalls on every corner to pander to your every need and tell you porkies about how wonderful you look!

- this is an off road forest run/walk and you will need to deal with your demons

there will be a tail end Charlie on an MTB for all events if you need help

### NOTE WELL:

**There will be no drink stations on any of the events**

Water and replacement drink will be available at the finish line plus tea, coffee etc

Toilets at the start finish area- none on course but bushes galore

### Sat July 27<sup>th</sup> -16 and 10 k event

This is an off road event on forestry roads (undulating) not technically difficult

After the event soup will be served to all competitors.

### Compulsory requirements:

A survival blanket MUST be carried

Northland weather is unpredictable at best be prepared

### Sat July 27<sup>th</sup> 5.1 ks

This event is suitable for children ages 8 and up who are walking/running with an adult over 16 years of age

This is off road mainly on uneven single track - Runners to start before walkers

Post event afternoon tea will be served to all competitors and marshals

### Sunday July 15<sup>th</sup> 21Ks

Forestry roads, 4 wheel drive routes and single tracks. Uneven underfoot in places and some hard climbs and beautiful views.....hopefully

### Compulsory requirements:

**survival blanket,whistle and lightweight jacket preferably waterproof= Water needs to be carried**

This is not daft - if you get injured and need help it will take a while to get help to you

Please.....dont argue with me and this **will be checked before you leave.**

You will be disqualified if you do not carry the compulsory equipment

Lunch will be served after the event

Small spot prizes subject to entry numbers

Ist place prize(you will not get rich quick!) to Male and Female finisher overall in the 2 day marathon

Please do not drop litter in the forest.Please bring out what you take in

This is a privately owned forest and we are priviledged to be able to use it

Please respect other peoples property

If you see anyone in strife please stop and get help

courses are subject to commercial operations( thats why we dont publish before the event- makes it more interesting!)

Photos may be taken of you when on the course

in the event of cancellation due to circumstances beyond our control - **entry fees are non refundable**

### Entry Fees:

2 day marathon all 3 pigs - Non registered \$35.00

ath nz registered \$30.00

Ath Whg FULLY registered \$20.00

Individual events:

16 and 10 k - \$17.00 under 18 \$11.00

5,1 K \$12.00 under 18 \$6.00

21 k \$22.00 under 18 \$15.00

First name	surname
Address:	Age:    DOB
	Club Name
	Ath NZ registration number
	E mail
	Phone LL Cell
2 Day Marathon (all 3 events 16,5.1 and 21.1)	Non registered:           \$35.00 Athletics NZ Registered \$30.00 Athletics Whangarei FULLY registered           \$20.00
16 and 10 K	\$17.00 under 18s \$11.00
5.1	\$12.00 under 18s \$6.00
21.1 K	\$25.00 under 18s \$17.00
Please circle chosen events	
Total enclosed: chq or into bank account	\$

Please send entries to:

Athletics Whangarei Inc

C/O Barach 156 Apotu Road RD 1 KAMO Whangarei

or email entry to: oringabrian72 @gmail.com and advise type of payment

Please make cheques payable to Athletics Whangarei Inc

or pay into bank account;

athletics Whangarei Inc ASB account 12-3099-0408869 and ref: 3 pigs/surname

Entries close thursday: 25<sup>th</sup> July at midnight - after this it is a \$10.00 late entry fee

any questions feel free to email or call us ...02102796487/09 4352614

Look forward to seeing you all again

safe training and beware the pig!!! (nb: I have been training in this forest for many a long year and seen a pig once!!)

**MREINZ EVES**

**ATHLETICS**

*Whangarei*